

# Work Party Information and Registration Form



*Our Work Parties on Troopers Hill are a fun way of helping maintain the environment of the site for everyone's benefit. However, we must ensure that the work we do is carried out safely. We therefore ask everyone joining our Work Parties for the first time to read the following information and to complete the tear off form at the bottom of the sheet.*

## Risk Assessments

For each Work Party a member of Friends of Troopers Hill will have carried out an assessment of any possible risks from the work we are undertaking. This person will have been trained by Bristol Parks. The assessment will include risks from the location of the site and from the tools that we will be using. You will be briefed on this assessment at the start of each Work Party and will be asked to sign a form to state that you have received the briefing. By following this procedure, you will be covered for any injuries by Bristol City's accident insurance. We will have a 1<sup>st</sup> Aid kit to deal with minor injuries.

## Clothing and Footwear

Clothing should be suitable for the weather conditions, please be aware that your clothing may get dirty or snagged on brambles etc. we also recommend that you wear long trousers even on summer days to protect your legs from scratches or insect bites. **There are also ticks on Troopers Hill.**

Much of the work that we shall be undertaking will be on steep slopes and rough ground, you should therefore wear stout boots or walking shoes.

We shall have a limited number of thorn proof gloves available, but it would be appreciated if you can bring your own gardening gloves, you may also find these more comfortable.

## Children

Children under 16 are welcome on our Work Parties, but they must be accompanied by an adult who is willing to take responsibility for them at all times.

## Health Conditions

If you have temporary or permanent health or other conditions that may affect your ability to carry out certain tasks or which you think we should be aware of, please let our Work Party leader know.

For the unlikely event of you becoming ill or suffering an injury while volunteering with us; we recommend that you have emergency contacts set up on your phone or carry them with you in some other form. For insurance reasons please let us know if you are over 75 years old.

## Photographs

We take photographs during the sessions for use on our website and social media. Please tick below to confirm whether you are happy to be in photographs.

Name \_\_\_\_\_ Photos: Yes ☐ No ☐ Back only ☐

Email \_\_\_\_\_ Tel \_\_\_\_\_

Address \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_